



Course Specification

(Bachelor)

Course Title: Antenatal Care
Course Code: MID26242
Program: Bachelor of Midwifery Sciences
Department: Nursing
College: College of Applied Medical Science
Institution: : University of Bisha
Version: 1
Last Revision Date: 30 July 2023





Table of Contents

A. General information about the course:	3
B. Course Learning Outcomes (CLOs), Teaching Strategies and Assessment Methods	4
C. Course Content	4
D. Students Assessment Activities	5
E. Learning Resources and Facilities	5
F. Assessment of Course Quality	5
G. Specification Approval	6



A. General information about the course:

1. Course Identification

1. Credit hours: 2(1+1)				
2(1+1)				
2. Course type				
A.	☐ University	☐ College	☐ Department	☐ Track
B.	☒ Required		☐ Elective	
3. Level/year at which this course is offered: (2ed year 4th level)				
4. Course general Description:				
This course is designed to prepare midwives with specialized knowledge and skills for providing advance quality care to women during their pregnancy .				
5. Pre-requirements for this course (if any):				
MID26241 Anatomy and embryology				
6. Pre-requirements for this course (if any):				
NA				
7. Course Main Objective(s):				
By the end of this course, the student will be able to : 1-Provide proper care for women during pregnancy 2-Provide care for woman with minor disorders. 3. Provide health education for pregnant women				

2. Teaching mode (mark all that apply)

No	Mode of Instruction	Contact Hours	Percentage
1	Traditional classroom	15	33.3%
2	E-learning	5	11.1%
3	Hybrid - Traditional classroom - E-learning		-
4	Laboratory/Studio/lab learning	30	66.6%

3. Contact Hours (based on the academic semester)

No	Activity	Contact Hours
----	----------	---------------



1.	Lectures	15
2.	Laboratory/Studio/lab	30
3.	E-learning	5
4.	Tutorial	
5.	Others (specify) self-learning	30
Total		75

B. Course Learning Outcomes (CLOs), Teaching Strategies and Assessment Methods

Code	Course Learning Outcomes	Code of CLOs aligned with program	Teaching Strategies	Assessment Methods
1.0	Knowledge and understanding			
1.1	Define concepts and trends in normal antenatal care	K1	Interactive lectures	Written exam
1.2	Differentiate between normal and abnormal, pregnancy.	K2	Interactive lectures	Written exam
1.3	Describe etiology, health determinants, clinical picture, diagnosis, complications, and midwifery nursing management of the in prevention and management during pregnancy?	K3	Interactive lectures	Written exam
2.0	Skills			
2.1	Apply the nursing process while providing care to women during pregnancy.	S3	Lab training Clinical setting	Practical exams
2.2	Demonstrate assessments and examination techniques using best available evidence.	S1	Lab training Clinical setting	Practical exams
1.3	Interprets the findings of the physical examination to detect the abnormalities and abnormal pregnancy	S1	Lab training Clinical setting	Case Scenario Nursing Care Plan
1.4	Implement obstetric medicines and instruments in terms of its use,	S2	Lab training Clinical	Practical exams





Code	Course Learning Outcomes	Code of CLOs aligned with program	Teaching Strategies	Assessment Methods
	contraindications, and precautions with clear effective instruction and communications		setting	
3.0	Values, autonomy, and responsibility			
3.1	Use information technology in management during pregnancy	v1	Team based learning	Presentation Assignment
3.2	Communicate ethically and effectively with health team members	v2	Team based learning	Presentation Assignment
1.3	Work effectively with a team	v3	Team based learning	Presentation Assignment

C. Course Content

No	List of Topics	Contact Hours
1.	Introduction to antenatal care	1
2.	Terminology used in maternity nursing & maternal history and physical examination	1
3.-	Anatomy of female reproductive organs external & internal	1
4.	Placental and fetal membrane	1
5.	Fetal circulation	1
6.	Structure of maternal pelvic and Fetal skull	1
7.	Fundamental of reproduction	1
8.	Maternal physiological change and adaptation during pregnancy	1
9.	Manifestation of pregnancy	1
10.	Minor Disorders of Pregnancy	1
11.	Important laboratory studies during pregnancy	1
12.	Immunization during pregnancy	1
13.	Nutrition during pregnancy	1
14.	Cancelling and education during pregnancy	1
		15
List Of Topics (practical)		
1	History taking & Physical examination	2
2	Leopold's Manoeuvres	2
3	Calculate gestational age	2



4	GTPAL	2
5	Auscultation of fetal heart rate	2
6	Interpret findings of CTG	2
7	Cause study	6
8	Cause study	6
9	Cause study	6
No 10	List of Topics (Practical)	30

D. Students Assessment Activities

No	Assessment Activities *	Assessment timing (in week no)	Percentage of Total Assessment Score
1.	Continuous assessment	All through	30%
2.	Mid exam: Practical and theory	6 th -7 th	20%
3.	Final exam: Practical and theory	14 th -16 th	50%
	Total		100%

*Assessment Activities (i.e., Written test, oral test, oral presentation, group project, essay, etc.).

E. Learning Resources and Facilities

1. References and Learning Resources

Essential References	Wolters Kluwer., (2017): Essentials of maternity, newborn and women's health nursing. 4 th ed. New York. London
Supportive References	
Electronic Materials	Blackboard learning management system and DIGITAL Library
Other Learning Materials	Skill lab, PHC Centers, Clinics and hospitals

2. Required Facilities and equipment

Items	Resources
facilities (Classrooms, laboratories, exhibition rooms, simulation rooms, etc.)	- Classrooms - simulation rooms - laboratories Clinical setting (Hospital)
Technology equipment (projector, smart board, software)	- Data show projector - Blackboard - smart board - Laptop computer Computer based simulator
Other equipment (depending on the nature of the specialty)	





F. Assessment of Course Quality

Assessment Areas/Issues	Assessor	Assessment Methods
Effectiveness of teaching	Students Course coordinator Program Leaders	Direct /indirect
Effectiveness of Students assessment	Students Course coordinator Program Leaders Examination revision committee	Direct /indirect
Quality of learning resources		
The extent to which CLOs have been achieved	Program Leader Course coordinator	Direct /indirect

Assessors (Students, Faculty, Program Leaders, Peer Reviewer, Others (specify))

Assessment Methods (Direct, Indirect)

G. Specification Approval

COUNCIL /COMMITTEE	
REFERENCE NO.	
DATE	

